

AWESOME PEOPLE



Erasmus+

INFO PACK



Project within Erasmus+ accreditation

Kopparberg, Sweden

11 Jan - 16 Jan

11-01-2027 Arrival day

16-01-2027 Departure Day

www.awesomepeople.se

WELCOME!



You can be one of the 20 participants who will participate in the training course "Ready 2 Lead - Preparing Group Leaders for International Erasmus+ Youth Exchanges" between 11th of January to 16th of January 2027 in Sweden.

The training course will be held in Kopparberg, located 219 km west of Stockholm. Kopparberg is a small village famous for the brewery that makes Kopparbergs cider and is located one hour from Örebro - the sixth largest city in Sweden.

We want you to have a great experience and we prepared this info pack with all the practicalities you need to know and a bit about the project itself. We look forward to meeting you all in Kopparberg!



AWESOME PEOPLE ABOUT US

Your coordinator and host organisation is Awesome People, a youth NGO founded back in 2013. Awesome People is based in Örebro and Kopparberg with a mission of making people be and feel awesome - one learning experience at a time - for people to create a better world for themselves, for others, and for the planet.



Check us out!



ABOUT THE PROJECT

The project "Ready 2 Lead" consists of one Training course in Sweden where you will get:

- Intercultural experience
- Learn about the specifics of being a group leader in Erasmus + youth exchanges
- Work in international teams
- Work hands on with your leadership compass – how to be a leader before, during and after a youth exchange

After the training course you will go back home where you will spread the knowledge to other youth workers in your local community.

We envision this training course inspiring youth workers to be confident in taking the role as a group leader in international Erasmus+ youth exchanges.



The **aim** of the project is to engage youth workers in the topic of leadership and practicalities of youth exchanges, empower them with skills of how to become a confident, prepared and ready group leader and connect youth workers from different countries to learn from each other.

Objectives

- Provide time and space for youth workers to learn about leadership & Erasmus+ youth exchanges
- Empower youth workers with skills of how to become a confident, prepared and ready group leader
- Create a leadership compass – how to be a leader before, during and after a youth exchange



READY 2 LEAD
TRAINING COURSE

AWESOME PEOPLE

SCHEDULE

Date Time	11/01 Monday Arrival Day	12/01 Tuesday Day 1	13/01 Wednesday Day 2	14/01 Thursday Day 3	15/01	16/01 Friday
08.30 - 09.30	ARRIVAL	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
09.30 - 11.00		Youth worker Competences Learning Journey	<i>Learning Reflection</i> Group leader before a Youth Exchange	<i>Learning Reflection</i> When something happens during a youth exchange	<i>Learning Reflection</i> My Group Leader Compass	DEPARTURES
11.00-11.30		FIKA	FIKA	FIKA	FIKA	
11.30-13.00		Erasmus+ and Youth exchanges	Group Leader & travelling	Group Leader after a youth exchange	Learning journey	
13.00-15.00		LUNCH	LUNCH	LUNCH	LUNCH	
15.00-16.30	Training course opening Getting to know each other	Erasmus+ Youth Exchanges	Group Leader during a youth exchange	Group Leader Compass	Evaluation & Youthpass	
16.30-17.00	FIKA	FIKA	FIKA	FIKA	FIKA	
17.00 - 18.30	Schedule overview Teambuilding	Group Leader Role	Learning & Reflection during a youth exchange	Exkursion	Free time	
19.00-	Dinner	Dinner	Swedish Dinner & Cultural evening	Dinner	Dinner & See you soon party!	

With reservation for changes



READY 2 LEAD
TRAINING COURSE

AWESOME PEOPLE

LOGISTICAL INFORMATION

Arrival day **Monday 11/01/2027** - No later than 3 pm in Kopparberg!

Departure day Saturday 16/01/2027 - Before 11.00!

The fastest option is to take a flight to Stockholm Arlanda Airport and from there take the train to Kopparberg C (the trip takes 3.5 - 4.5 hours) and costs between 40-50 euro check tickets here: www.sj.se. Choose Arlanda C to Kopparberg Jvstn. The entrance to the train station is located in Sky City at Arlanda airport. If your first connection is the bus, the bus station is outside terminal 4 at Arlanda airport.

You can also go by Ferry: Take an overnight or daytime ferry from Helsinki to Stockholm via Viking Line or Tallink Silja. This takes about 16 to 17 hours.

Take the train from Stockholm Centralstation (Stockholm C) to Örebro Centralstation, then switch to a regional train (Tåg i Bergslagen) heading to Kopparbergs station. Total travel time is around 3.5 to 4 hours. You can book the whole train ride and check tickets here: www.sj.se. Choose Stockholm C to Kopparberg Jvstn.

However, we strongly advise Green Travel to and from Kopparberg to minimize our project's ecological footprint. Green travel means that you use more than 50% of your trip with a green option (bus/train and NOT plane), green travel gives you a higher travel budget and two more travel days.

Let us know if you have any questions after checking yourself!

We will meet you up at Kopparberg Central Station if you provide us with your arrival time and guide you to the house and also take your luggage to the house.

Kopparberg Central Station



PRACTICAL INFORMATION

The training course will take place at Awesome People House in Kopparberg, Sweden at Laxbrogatan 24, 714 31 Kopparberg located 5 min walking distance from Kopparberg village center. In the village center there are a few shops, supermarket, pharmacy and more. Map [HERE](#). You will stay in shared 2-3-people bedrooms (mixed country not gender) and have access to shared bathrooms with showers. **Bed linen will be provided but you need to bring your own towel.** We don't wear shoes inside the house so bring slippers if you need. The house has wifi. Accommodation costs are covered by the Erasmus+ program.



Breakfast, lunch, dinner, and coffee breaks (FIKA) will be served in the house. Please, don't forget to mention in the registration form if you have any dietary requirements. All food is covered by the Erasmus+ program.



The weather in Sweden in January is usually -1 to -7 degrees but please check it out closer to the arrival and pack appropriate clothes. We will update the weather information in the Whatsapp group closer to your arrival.



Sweden's currency is SEK. All places accept bank cards, not all accept cash since Sweden wants to be a cash free society. If you want to take out money there is ATM 5 min walk from the house.



READY 2 LEAD
TRAINING COURSE

AWESOME PEOPLE

TRAVEL REIMBURSEMENT

Accommodation and food are 100% covered by Erasmus+. Travel costs are budgeted according to Erasmus+ conditions (using the European distance calculator from the city where your sending organisation is registered to Kopparberg).

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

Travel costs exceeding the maximum reimbursable amount will not be covered. If there are any changes in route or special travel requests, please confirm these with the project coordinator **BEFORE** purchasing the tickets. Failure to do so may result in some tickets not being reimbursable. Reimbursements will be made by bank transfer to the organisation or appointed responsible participant **AFTER** dissemination activities are held (within 1 month after the training course based on proof of dissemination) and if all the original documents are provided to the project coordinator.

STEP BY STEP

- Fill in the internal evaluation form at the end of the week.
- Fill in the form sent by the Erasmus+ system (Beneficiary Module)
- Upload all your travel confirmations, invoices, and boarding pass to the Google Drive folder. The link will be sent to you.
- Write a small testimonial report of your experience of the training course
- Hold the agreed dissemination activities within 1 month after the training course.
- Send us the testimonial report, pictures and a small report of the dissemination activities latest 1 month after the training course.

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR
8000 km or more	1735 EUR	1735 EUR

PARTICIPANT INFORMATION



 Participants of the training course should be youth workers who want to start being group leaders in international Erasmus+ youth exchanges, **18+ years** old.

 All participants must be involved in the **preparatory work** organized by the facilitators. All participants must implement a **dissemination event** in their local community within 1 month after the training course and write a dissemination report with personal testimonial.

 Each partner organisation should send 10 people and partners should ensure **gender balance** among participants.

 It is mandatory to have valid **travel and medical insurance** (i.e., European Health Insurance Card and travel insurance) during your travel. The host organisation will not cover any personal health costs or additional costs connected with travel. If you need help with this, please contact your sending organisation.

 We encourage you to bring indoor slippers/shoes. Don't forget your **towel** and **Health insurance** card!

 Failure to fully participate in the content sessions or inappropriate behavior might result in reimbursement not being given to the participant with a notice provided to the sending organisation or exemption of the participant from the training course.

 In Awesome People we encourage people to be themselves and we want all our activities to be a **safe space** for all participants no matter background, gender, sexual identity, religion or other categorization.

ERASMUS+ PRIORITIES

INCLUSION & DIVERSITY



In all Awesome People projects we don't have a participation fee to ensure that we can include people with economical barriers. We always aim to create a safe space where everyone can feel included. Unfortunately our project house is not adjusted for people in wheelchairs. For all other diverse abilities please let us know in advance and we will adjust the project as much as we can for your needs.

In this project we will work with digital tools throughout the training course.

DIGITAL

TRANSFORMATION



ENVIRONMENT & FIGHT AGAINST CLIMATE CHANGE



In this project participants will organize an open event for local NGOs and youth workers when they come back home where they will teach about some of the things they learned during the training course as one act of participation in democratic life, showing common values & civic engagement!

In Awesome People and in our projects we want to reduce our ecological footprint so we encourage all participants to be as sustainable as possible. Here are some ideas for you!

- Use the Green Travel option!
- Take short showers and **don't shower everyday!**
- Pack lightly!
- Bring your **re-usable bottle** and **re-usable shopping bag** if you have one!
- In Sweden we practice **waste sorting**, be sure to throw trash in the right container!
- Be open to try out **vegan** food!

PARTICIPATION IN DEMOCRATIC LIFE, COMMON VALUES & CIVIC ENGAGEMENT





READY 2 LEAD
TRAINING COURSE

AWESOME PEOPLE



TO-DO-LIST IF YOU ARE SELECTED



TO-DO

Fill in the registration form [HERE](#) Latest 2nd of November 2026.



TO-DO

Book your flight to Stockholm Arlanda Airport and connecting train from Arlanda to Kopparberg C to fit the budget. Better yet, book your Green Travel all the way to Kopparberg C!



TO-DO

Join the Whatsapp group for updated information and ongoing activities **when you have been selected.** You can find it [HERE](#)



TO-DO

Inform us about your arrival and departure time to erasmus@awesomepeople.org so we have a record of when to pick you up. Deadline 9th of January 2027.



TO-DO

Keep an eye on your mailbox for information about the training course



TO-DO

Pack your things and bring an **AWESOME** attitude!



READY 2 LEAD
TRAINING COURSE

AWESOME PEOPLE

QUESTIONS? CONTACT US!

Karin Wouda
Project Coordinator & Facilitator,
Awesome People
erasmus@awesomepeople.org
+46728586672



Fredrik Wouda
Host Coordinator, Facilitator,
Awesome People
erasmus@awesomepeople.org
+46702693850

*Looking forward to see
you in Kopparberg!*

**AWESOME
PEOPLE**